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Association for International
Lifelong Learning in Medicine



Current Clinical Approaches in Early- Stage Alzheimer's Disease Management



2-4 April 2026

Mövenpick Hotel Budapest Centre

Budapest, Hungary



PROGRAM

SCIENTIFIC PROGRAM

2 APRIL 2026, THURSDAY

DAY 1 - Diagnosis and Early Intervention

09:00 – 09:20 **Opening Lecture**

Current Challenges in the Management of
Early-Stage Alzheimer's Disease

Başar Bilgiç

09:20 – 10:30 **How Is Alzheimer's Disease Diagnosed?**

Diagnostic criteria in early-stage Alzheimer's disease

Fiona Ducotter

Role of clinical assessment and cognitive testing

Georgia Frost

Differential diagnosis in early cognitive impairment

Haşmet Hanağası

10:30 – 10:45 **Coffee Break** 

10:45 – 11:45 **Neuroimaging in Alzheimer's Disease**

Structural imaging: MRI and CT

Fatih Karaduman

Functional imaging: PET and SPECT

Oscar Lopez

Imaging biomarkers in early diagnosis and
disease monitoring

Emrah Duzel

SCIENTIFIC PROGRAM

2 APRIL 2026, THURSDAY

DAY 1 - Diagnosis and Early Intervention

11:45 – 12:30 Biomarkers in Early Alzheimer's Disease

CSF biomarkers: clinical utility and limitations

David Cash

Blood-based biomarkers: where are we now?

Joe Kane

Integrating biomarkers into routine practice

Başar Bilgiç

12:30 – 13:30 Lunch Break

13:30 – 14:30 Treatment Options in Alzheimer's Disease: An Overview

Symptomatic vs. disease-modifying approaches

Joe Kane

Pharmacological and non-pharmacological strategies

Claire Lansdall

Individualized treatment planning in early-stage patients

Başar Bilgiç

SCIENTIFIC PROGRAM

2 APRIL 2026, THURSDAY

DAY 1 - Diagnosis and Early Intervention

14:30 – 15:15 **Non-Pharmacological Interventions in Early-Stage Alzheimer's Disease**

Cognitive stimulation and rehabilitation

Fatih Karaduman

Lifestyle interventions: physical activity, diet, sleep

Emrah Duzel

Patient and caregiver education

Claire Lansdall

15:15 – 15:30 **Day 1 Wrap-Up & Discussion**

SCIENTIFIC PROGRAM

3 APRIL 2026, FRIDAY

DAY 2 - Pharmacological Management and Early Treatment

09:00 – 09:40 The Role of Donepezil in Alzheimer's Disease Treatment

Mechanism of action and clinical efficacy

Haşmet Hanağası

Patient selection and dosing strategies

Georgia Frost

Safety and tolerability considerations

Fiona Ducotter

09:40 – 10:20 Why Early Initiation of Donepezil Matters

Impact of early treatment on cognitive decline

David Blum

Functional outcomes and quality of life

Tobey Betthausser

Evidence supporting early therapeutic intervention

David Cash

10:20 – 10:35 Coffee Break 

SCIENTIFIC PROGRAM

3 APRIL 2026, FRIDAY

DAY 2 - Pharmacological Management and Early Treatment

10:35 – 11:30 **Other Cholinesterase Inhibitors and Treatment Alternatives**

Rivastigmine and Galantamine: Clinical positioning
Joe Kane

Switching strategies and treatment persistence
Georgia Frost

Managing suboptimal response
Haşmet Hanağası

11:30 – 12:15 **Safety, Adherence and Long-Term Management**

Managing adverse events in daily practice
Fiona Ducotter

Improving treatment adherence
Claire Lansdall

Monitoring disease progression
Emrah Duzel

12:15 – 13:15 **Lunch Break** 

SCIENTIFIC PROGRAM

3 APRIL 2026, FRIDAY

DAY 2 - Pharmacological Management and Early Treatment

13:15 – 14:15 Combination Therapy in Alzheimer's Disease

Donepezil and Memantine: Rationale and Clinical Evidence
Synergistic mechanisms of action

Joe Kane

Indications for combination therapy

Haşmet Hanağası

Clinical outcomes and real-world experience

Emrah Duzel

14:15 – 15:15 Interactive Case-Based Discussion I

Early Pharmacological Decision-Making
When to start monotherapy

Başar Bilgiç

Dose optimization and follow-up

Georgia Frost

Common clinical pitfalls

David Blum

15:15 – 15:30 Day 2 Wrap-Up

SCIENTIFIC PROGRAM

4 APRIL 2026, SATURDAY

DAY 3 - Advanced Clinical Practice and Future Directions

09:00 – 09:45 Disease-Modifying Therapies in Alzheimer's Disease

Current evidence and clinical trials

David Cash

Patient selection and ethical considerations

Oscar Lopez

Future perspectives

Emrah Duzel

09:45 – 10:30 Managing Behavioral and Psychological Symptoms in Early Alzheimer's Disease

Common neuropsychiatric symptoms

Claire Lansdall

Pharmacological and non-pharmacological approaches

Haşmet Hanağası

Impact on caregivers

Georgia Frost

10:30 – 10:45 Coffee Break



SCIENTIFIC PROGRAM

4 APRIL 2026, SATURDAY

DAY 3 – Advanced Clinical Practice and Future Directions

10:45 – 11:45 Multidisciplinary Care in Early-Stage Alzheimer's Disease

Role of neurology, psychiatry and primary care

Başar Bilgiç

Nursing and allied health perspectives

Claire Lansdall

Coordinated care models

Joe Kane

11:45 – 12:30 Interactive Case-Based Discussion II

Optimizing Long-Term Treatment Strategies
When and how to escalate to combination therapy

David Blum

Real-life decision-making

Georgia Frost

Audience discussion

12:30 – 13:30 Lunch Break 

SCIENTIFIC PROGRAM

4 APRIL 2026, SATURDAY

DAY 3 - Advanced Clinical Practice and Future Directions

13:30 – 14:15 **Patient-Centered Outcomes and Quality of Life**

Measuring functional outcomes

Tobey Betthausser

Incorporating patient preferences into care

Fiona Ducotter

Long-term planning

David Cash

14:15 – 15:00 **Key Take-Home Messages & Expert Panel Discussion**

All Faculty

15:00 – 15:15 **Closing Remarks**

Başar Bilgiç

CONTACT

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