



**aillme**  
Association for International  
Lifelong Learning in Medicine

# **3RD COMMUNITY BASED SEMINAR**



*Crowne Plaza Brugge*  
*27 - 28 April 2026*

## **Scientific Program**



# 3RD COMMUNITY BASED SEMINAR

## 27 APRIL 2026 - MONDAY

### 09:00 - 10:30 Current Approaches in Community-Based Psychiatric Care

09:00 - 09:35 Principles of Community Mental Health Services in Brugge

**Dr. Alexander Vanfleteren**

09:35 - 10:05 Early Recognition and Intervention in Psychiatric Disorders

**Dr. Ann De Buysscher**

10:05 - 10:30 Continuity of Care in Outpatient Psychiatry

**Dr. Alexander Vanfleteren**

**10:30 - 11:00 Coffee Break** 

### 11:00 - 12:30 Past and present of Community-Based services in Turkey

11:00 - 12:30 Where are we in community-based services? Working system of mental health centers in Turkey

**Dr. Umut Karasu**

**12:30 - 13:30 Lunch** 

### 13:30 - 15:30 Evidence-Based Treatment in Psychiatry

13:30 - 14:00 Pharmacological Management of Depression

**Dr. Alexander Vanfleteren**

14:00 - 14:45 Bipolar Disorder: Long-Term Treatment Strategies

**Dr. Umut Karasu**

14:45 - 15:30 Antipsychotic Treatment Optimization

**Dr. Alexander Vanfleteren**

**15:30 - 16:00 Coffee Break** 

# 3RD COMMUNITY BASED SEMINAR

27 APRIL 2026 - MONDAY

16:00 - 17:00 **Multidisciplinary Collaboration in Mental Healthcare**

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**Dr. Ann De Buyscher**



# 3RD COMMUNITY BASED SEMINAR

## 28 APRIL 2026 - TUESDAY

**09:00 - 10:30** The BEST practice examples of mental health centers in Turkey and Brugge

09:00 - 10:30 Sharing experience about mental health centers.

**Dr. Umut Karasu**

**Dr. Alexander Vanfleteren**

**10:30 - 11:00 Coffee Break** 

**11:00 - 12:00** The future of community mental health centers: Open Forum

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**Dr. Umut Karasu**

**Dr. Ann De Buysscher**

**Dr. Alexander Vanfleteren**

**12:00 - 14:00 Lunch** 