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Association for International
Lifelong Learning in Medicine



LUTS Masterclass Europe 2026

15-18 October 2026

Hilton Garden Inn Bologna North

Bologna, Italy

PROGRAM

THREE-DAY SCIENTIFIC MEETING Advances in Overactive Bladder, BPH, Urological Infections and Pain Management

DAY 1 – OVERACTIVE BLADDER: FROM DIAGNOSIS TO ADVANCED MANAGEMENT

- 09:00–09:15 Opening Remarks and Introduction
- 09:15–10:45 **SESSION 1: Understanding and Diagnosing Overactive Bladder** Chairpersons: TBC
- 09:15–09:40 Overactive Bladder in 2026: Definition, Phenotypes and Current Diagnostic Approach — *Tarık Yonguç (Türkiye)*
- 09:40–10:05 Male OAB or BPH? How to Differentiate Storage Symptoms in Men — *M.R. van Balken (The Netherlands)*
- 10:05–10:30 Urodynamics in OAB: When Does It Really Change Clinical Management? — *Mehmet Gökhan Çulha (Türkiye)*
- 10:30–10:45 Discussion (Panelist: Ahmet Güzel – Türkiye)
- 10:45–11:15 Coffee Break**
- 11:15–12:45 **SESSION 2: Contemporary Pharmacological Management of OAB** Chairpersons: TBC
- 11:15–11:40 Antimuscarinics and β 3-Agonists: How Should We Choose the Right Treatment? — *M.R. van Balken (The Netherlands)*
- 11:40–12:05 Managing Persistent Storage Symptoms in Men Receiving Treatment for BPH — *Mehmet Gökhan Çulha (Türkiye)*
- 12:05–12:30 Combination Treatment in OAB: Who Benefits Most? — *Tarık Yonguç (Türkiye)*
- 12:30–12:45 Interactive Discussion (Panelist: Ahmet Güzel – Türkiye)
- 12:45–13:45 Lunch**
- 13:45–15:15 **SESSION 3: Refractory OAB: Beyond Oral Pharmacotherapy** Chairpersons: TBC
- 13:45–14:15 Botulinum Toxin in Refractory OAB: Patient Selection and Practical Management — *M.R. van Balken (The Netherlands)*
- 14:15–14:45 PTNS and Sacral Neuromodulation: Where Do They Fit in the Treatment Algorithm? — *M.R. van Balken (The Netherlands)*
- 14:45–15:05 Treatment Sequencing After Failure of First- and Second-Line OAB Therapies — *Tarık Yonguç (Türkiye)*
- 15:05–15:15 Questions & Answers
- 15:15–15:45 Coffee Break**



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15:45-17:15	SESSION 4: OAB Clinical Challenge – Case-Based Interactive Session Moderators: TBC Panelist: Ahmet Güzel (Türkiye)
15:45-16:10	Case 1 – The Elderly Patient with OAB and Multiple Comorbidities – <i>Tarık Yonguç (Türkiye)</i>
16:10-16:35	Case 2 – Persistent Urgency After Successful Treatment of Bladder Outlet Obstruction – <i>Mehmet Gökhan Çulha (Türkiye)</i>
16:35-17:00	Case 3 – Refractory OAB: Botox, PTNS or Sacral Neuromodulation? – <i>M.R. van Balken (The Netherlands)</i>
17:00-17:15	Panel Discussion and Take-Home Messages



DAY 2 – UROLOGICAL INFECTIONS & BENIGN PROSTATIC HYPERPLASIA

- 09:00–12:00 **SPECIAL 3-HOUR SESSION: Urological Infections: From Everyday UTI to Complex Cases**
Chairpersons: TBC | Panelist: Ahmet Güzel (Türkiye)
- 09:00–09:30 Urological Infections in 2026: New Classification and What Has Changed in Clinical Practice — *Guglielmo Mantica (Italy)*
- 09:30–10:00 Recurrent Urinary Tract Infections: Diagnosis, Prevention and Non-Antibiotic Strategies — *Merel Lambregts (The Netherlands)*
- 10:00–10:30 Antimicrobial Resistance and Antibiotic Stewardship in Urology — *Guglielmo Mantica (Italy)*
- 10:30–11:00 Male UTI and Bacterial Prostatitis: Difficult Decisions in Daily Practice — *Tarık Yonguç (Türkiye)*
- 11:00–11:30 Peri-Procedural Antibiotic Prophylaxis in Urological Practice: When, What and How Long? — *Mehmet Gökhan Çulha (Türkiye)*
- 11:30–12:00 Interactive Infection Board: What Would You Do? (Case discussions: Recurrent UTI, Resistant organisms, Catheter-associated UTI, Post-procedural infection, Prostatitis) Panelist: Ahmet Güzel (Türkiye) | Faculty: Guglielmo Mantica, Merel Lambregts, Tarık Yonguç, Mehmet Gökhan Çulha
- 12:00–13:00 Lunch**
- 13:00–14:45 **SESSION 5: BPH and Male LUTS: Diagnosis and Medical Management** Chairpersons: TBC
- 13:00–13:30 Modern Evaluation of Male LUTS: Looking Beyond Prostate Size — *Udi Blankstein (Canada)*
- 13:30–14:00 Medical Management of BPH: α -Blockers, 5-ARIs, PDE5 Inhibitors and Combination Strategies — *Mehmet Gökhan Çulha (Türkiye)*
- 14:00–14:30 When Storage Symptoms Dominate: Managing the BPH-OAB Patient — *Tarık Yonguç (Türkiye)*
- 14:30–14:45 Discussion
- 14:45–15:15 Coffee Break**
- 15:15–17:15 **SESSION 6: BPH: When Medical Therapy Is Not Enough** Chairpersons: TBC
- 15:15–15:45 When Should We Move from Medical to Surgical Treatment? — *Udi Blankstein (Canada)*
- 15:45–16:15 Choosing the Right Procedure According to Prostate Size, Anatomy and Patient Expectations — *Mehmet Gökhan Çulha (Türkiye)*
- 16:15–16:45 Preserving Sexual Function in the Treatment of BPH: How Important Is It in Decision-Making? — *Udi Blankstein (Canada)*
- 16:45–17:15 Expert Panel: The Difficult BPH Patient: What Would You Do Differently? Panelist: Ahmet Güzel (Türkiye) | Faculty: Tarık Yonguç, Mehmet Gökhan Çulha, Udi Blankstein
- 17:15–17:30 Day 2 Summary and Take-Home Messages



DAY 3 – PAIN MANAGEMENT & THE OAB-BPH INTERFACE

- 09:00–12:00 **SPECIAL 3-HOUR SESSION: Pain Management in Urology** Chairpersons: TBC | Panelist: Ahmet Güzel (Türkiye)
- 09:00–09:30 Chronic Pelvic Pain: Understanding the Patient Beyond the Organ – *Rui Almeida Pinto (Portugal)*
- 09:30–10:00 Bladder Pain Syndrome / Interstitial Cystitis: Diagnosis and Contemporary Treatment – *Rui Almeida Pinto (Portugal)*
- 10:00–10:30 Chronic Prostatitis / Chronic Pelvic Pain Syndrome: A Practical Management Algorithm – *Tarık Yonguç (Türkiye)*
- 10:30–11:00 Pharmacological Management of Urological Pain: What Works and What Should Be Avoided? – *Rui Almeida Pinto (Portugal)*
- 11:00–11:30 Post-Procedural Pain in Urology: Multimodal and Opioid-Sparing Approaches – *Mehmet Gökhan Çulha (Türkiye)*
- 11:30–12:00 Interactive Pain Board: Challenging Cases in Daily Practice (Cases: Chronic pelvic pain, Bladder pain syndrome, Chronic prostatitis/CPPS, Persistent pain following urological intervention)
Panelist: Ahmet Güzel (Türkiye) | Faculty: Rui Almeida Pinto, Tarık Yonguç, Mehmet Gökhan Çulha
- 12:00–13:00 Lunch**
- 13:00–14:30 **SESSION 7: When OAB and BPH Meet** Chairpersons: TBC
- 13:00–13:30 The Male Patient with Urgency, Frequency and an Enlarged Prostate: What Is Driving the Symptoms? – *Tarık Yonguç (Türkiye)*
- 13:30–14:00 Persistent OAB After BPH Surgery: Why Does It Happen and How Should We Treat It? – *M.R. van Balken (The Netherlands)*
- 14:00–14:30 Detrusor Overactivity, Bladder Outlet Obstruction or Detrusor Underactivity? Clinical Decision-Making in Mixed LUTS – *Mehmet Gökhan Çulha (Türkiye)*
- 14:30–15:00 Coffee Break**
- 15:00–16:30 **SESSION 8: Clinical Decision-Making: From Guidelines to Real Life**
- 15:00–15:25 Clinical Scenario 1 – 58-Year-Old Man with BPH and Predominant Storage Symptoms – *Mehmet Gökhan Çulha (Türkiye)*
- 15:25–15:50 Clinical Scenario 2 – 70-Year-Old Man with Persistent Urgency After BPH Surgery – *M.R. van Balken (The Netherlands)*
- 15:50–16:15 Clinical Scenario 3 – Recurrent UTI, LUTS and Chronic Pelvic Pain: One Patient, Three Problems – *Guglielmo Mantica (Italy)*
- 16:15–16:30 Panel Discussion (Panelist: Ahmet Güzel – Türkiye)



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16:30-17:15	SESSION 9: What Will Change Our Practice?
16:30-16:45	The Future of OAB Management — <i>M.R. van Balken (The Netherlands)</i>
16:45-17:00	The Future of BPH Treatment: Less Invasive, More Individualised? — <i>Udi Blankstein (Canada)</i>
17:00-17:15	Infections and Antimicrobial Resistance: What Should Urologists Prepare For? — <i>Guglielmo Mantica (Italy)</i>
17:15-17:30	Closing Discussion & Meeting Conclusions Faculty: Tarık Yonguç, Mehmet Gökhan Çulha, Ahmet Güzel and International Faculty



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