



aillme
Association for International
Lifelong Learning in Medicine



MICRONUTRIENT DEFICIENCIES: **UPDATES AND CLINICAL PERSPECTIVES**

4 - 6 September 2026

Madrid
Spain

PROGRAM

Scientific Program

4 SEPTEMBER 2026, FRIDAY / DAY 1

13.00-14.00 Registration and Lunch

14.00-14.30 Opening Remarks

14.30-15.30 Gastrointestinal Diseases and Micronutrient Malabsorption

Moderator: **Dr. Daniel Carnevali Ruiz**

Speakers: **Dr. Mine Adaş, Dr. Luis Manzano Espinosa**

15.30-16.00 Coffee Break 

16.00-17.00 Vitamin D, B12 and Folate Deficiencies: From Diagnosis to Treatment

Moderator: **Meral Mert**

Speakers: **Dr. Ricard Cervera Segura**

17.00-17.30 Coffee Break 

17.30-18.30 Perspectives on Micronutrient Deficiencies in Spain and Türkiye

Speakers: **Dr. Rachida Rafiq, Dr. Meral Mert**

Scientific Program

5 SEPTEMBER 2026, SATURDAY / DAY 2

09.00-09.45 Why Micronutrients Still Matters in 2026? Guidelines Update

Moderator: **Dr. Meral Mert**

Speaker: **Dr. István Takács**

09.45-10.00 Coffee Break

10.00-10.45 Micronutrients in Endocrine Diseases and Metabolic Effects

Moderator: **Dr. Luis Manzano Espinosa**

Speaker: **Dr. Mine Adaş**

10.45-11.00 Coffee Break

11.00-11.45 Micronutrients and Neurologic Effects

Moderator: **Dr. Melchor Álvarez de Mon**

Speaker: **Dr. Şakir Özgür Keşkek**

12.00 -13.00 Lunch Break

Scientific Program

5 SEPTEMBER 2026, SATURDAY / DAY 2

13.00-13.45 Micronutrient Deficiencies: Current Challenges and Clinical Perspectives

Moderator: **Dr. Meral Mert**

Speaker: **Dr. Şakir Özgür Keşkek**

14.00-14.15 Coffee Break

14.15 -15.00 Current Challenges in Iron Deficiency Management

Moderator: **Dr. István Takács**

Speaker: **Dr. Şakir Özgür Keşkek**

15.00-15.15 Coffee Break

15.15-16.00 Vitamin and Mineral Deficiencies in Clinical Practice, Guidelines's Updates

Moderator: **Dr. Meral Mert**

Speakers: **Dr. Mine Adaş, Dr. Şakir Özgür Keşkek**

16.00-16.30 Question & Answer Session Case-Based Discussions

Moderator: **Dr. Meral Mert**

Scientific Program

6 SEPTEMBER 2026, SUNDAY / DAY 3

09.00-09.45 Micronutrient Management in Special Populations

Moderator: **Dr. Şakir Özgür Keşkek**

Speaker: **Dr. Daniel Carnevali Ruiz**

09.45-10.30 Future Perspectives in Micronutrient Research

Moderator: **Dr. Meral Mert**

Speaker: **Dr. Mine Adaş**

10.30-11.00 Coffee Break

11.00-11.30 Question & Answer Session

Moderator: **Dr. Meral Mert**

11.30-12.30 Panel / Interactive Session

Moderator: **Dr. Meral Mert**

Panelists: **Dr. Şakir Özgür Keşkek, Dr. Mine Adaş,
Dr. Luis Manzano Espinosa**

12.30-13.00 Closing Remarks

CONTACT

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