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Association for International
Learning Leadership in Medicine



Multidisciplinary Pain and Trauma Symposium MPTS 2026

**Current Clinical Approaches in Acute Pain
and Trauma Management**

HOTEL MUNDIAL, LISBON

6-8 OCT 2026

PROGRAMME

Multidisciplinary Pain and Trauma Symposium MPTS 2026

Current Clinical Approaches in Acute Pain and Trauma Management

6-8 OCTOBER 2026 / HOTEL MUNDIAL LISBON

6 OCTOBER 2026, FRIDAY

SCIENTIFIC PROGRAM

DAY 1 | Foundations of Pain and Trauma

09:00 – 09:30	Opening Remarks and Welcome Prof.Dr. Önder Ersan
09:30–10:30	Session 1 – Acute Trauma: First-Line Approach Initial Assessment in Trauma Patients – Emergency Perspective Dr.Helena Fernandes Orthopedic Trauma: Fracture Stabilization Principles Prof.Dr.Pedro Fernandes
10:30–10:45	Coffee Break
10:45–12:15	Session 2 – Pain Mechanisms and Multidisciplinary Management Pathophysiology of Acute and Chronic Pain Prof. Dr. Hany Demian Role of Muscle Spasm in Trauma-Related Pain Prof. Dr. Önder Ersan
12:15–13:30	Lunch Break

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SCIENTIFIC PROGRAM

DAY 1 | Foundations of Pain and Trauma

13:30-15:00

Session 3 – Emergency & Primary Care Approach

Pain Management in the Emergency Department

Dr.André Sarmento

Red Flags in Trauma: When to Refer?

Dr.Rui Pinto

15:00-15:30

Coffee Break

15:30-17:00

Rational Use of Muscle Relaxants in Acute Care

Prof. Dr. Önder Ersan

Panel Discussion

Case-Based Interactive Session

Prof.Dr.Pedro Fernandes

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7 OCTOBER 2026, SATURDAY

SCIENTIFIC PROGRAM

DAY 2 | Advanced Trauma Management and Rehabilitation

09:00-10:30 **Session 4 – Surgical and Non-Surgical Approaches**

Surgical Decision-Making in Orthopedic Trauma

Dr. André Sarmento

Neurosurgical Indications in Trauma

Dr. Nuno Loureiro

10:30-10:45 **Coffee Break**

10:45-12:15 **Session 5 – Rehabilitation & Functional Recovery**

Early Mobilization After Trauma

Dr. Filipe Almeida

Chronic Pain Prevention Strategies

Prof. Dr. Pedro Fernandes

12:15-13:30 **Lunch Break**



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DAY 2 | Advanced Trauma Management and Rehabilitation

13:30-15:00

Session 6 – Special Populations

Trauma in Elderly Patients

Dr. Rui Pinto

Sports Injuries and Muscle Spasm

Prof. Dr. Dilşad Sindel

15:00-15:30

Coffee Break

15:30-17:00

Acute Back Pain Management Algorithms

Dr. Helena Fernandes

Interactive Case Discussions

Prof. Dr. Pedro Fernandes – All Faculty

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8 OCTOBER 2026, SUNDAY

SCIENTIFIC PROGRAM

DAY 3 | Integrated Clinical Practice

09:30 – 10:30 **Session 7 – Evidence-Based Pain Management**

Guidelines in Acute Trauma Pain

Dr. André Sarmento

Safety Profile of Muscle Relaxants

Dr. Nuno Loureiro

10:30 – 10:45 **Coffee Break**

10:45 – 12:15 **General Discussion & Closing Remarks**

Prof. Dr. Önder Ersan



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Appointments for International
Linking Learning for Tomorrow



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