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Association for International
Lifelong Learning in Medicine



Multidisciplinary Approaches in Neuropsychiatric Disorders

15-17 May 2026

Four Points by Sheraton Catania Hotel

Catania, Italy

PROGRAM



Multidisciplinary Approaches in Neuropsychiatric Disorders

15-17 May 2026

Four Points by Sheraton Catania Hotel

Catania, Italy

15 MAY 2026, FRIDAY

SCIENTIFIC PROGRAM

DAY 1 - UNDERSTANDING THE NEUROPSYCHIATRIC LANDSCAPE

08:30 - 09:30 Registration & Welcome Coffee

Michele Vendruscolo

09:30 - 10:30 Opening Remarks

Lezanne Ooi

The burden of agitation in Alzheimer's disease

Ahmad Aziz

Why a multidisciplinary neuropsychiatric approach is
essential?

Henrik Zetterberg

09:30 - 10:30 Plenary Lectures I

**Agitation in Alzheimer's Disease – Related Dementia:
Clinical Phenotypes and Diagnostic Challenges**

Defining agitation across stages of dementia

Kamuran Uslu

Differential diagnosis: Delirium, depression, psychosis,
anxiety

Michele Vendruscolo

10:30 – 11:00

Coffee Break





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SCIENTIFIC PROGRAM

DAY 1 - UNDERSTANDING THE NEUROPSYCHIATRIC LANDSCAPE

11:00 – 12:30 Session I

Neurobiology of Agitation and Mood Dysregulation

Neurodegenerative processes and behavioral symptoms
Henrik Zetterberg

Dopamine and serotonin pathways in
dementia-related agitation

Ahmad Aziz

Interaction between neuroinflammation and
neurotransmitter imbalance

Murat Emre

12:30 – 13:30

Lunch Break



13:30 – 15:00

Session II

Neurochemical Balance and Behavioral Symptoms

Dopamine – Serotonin Interplay in Neuropsychiatric Disorders

Reward, motivation, and emotional regulation

Lezanne Ooi

Neurochemical dysregulation in agitation and depression

Sibel Çakır

Translating neurobiology into clinical decision-making

Sandra Black

15:00 – 15:30

Coffee Break





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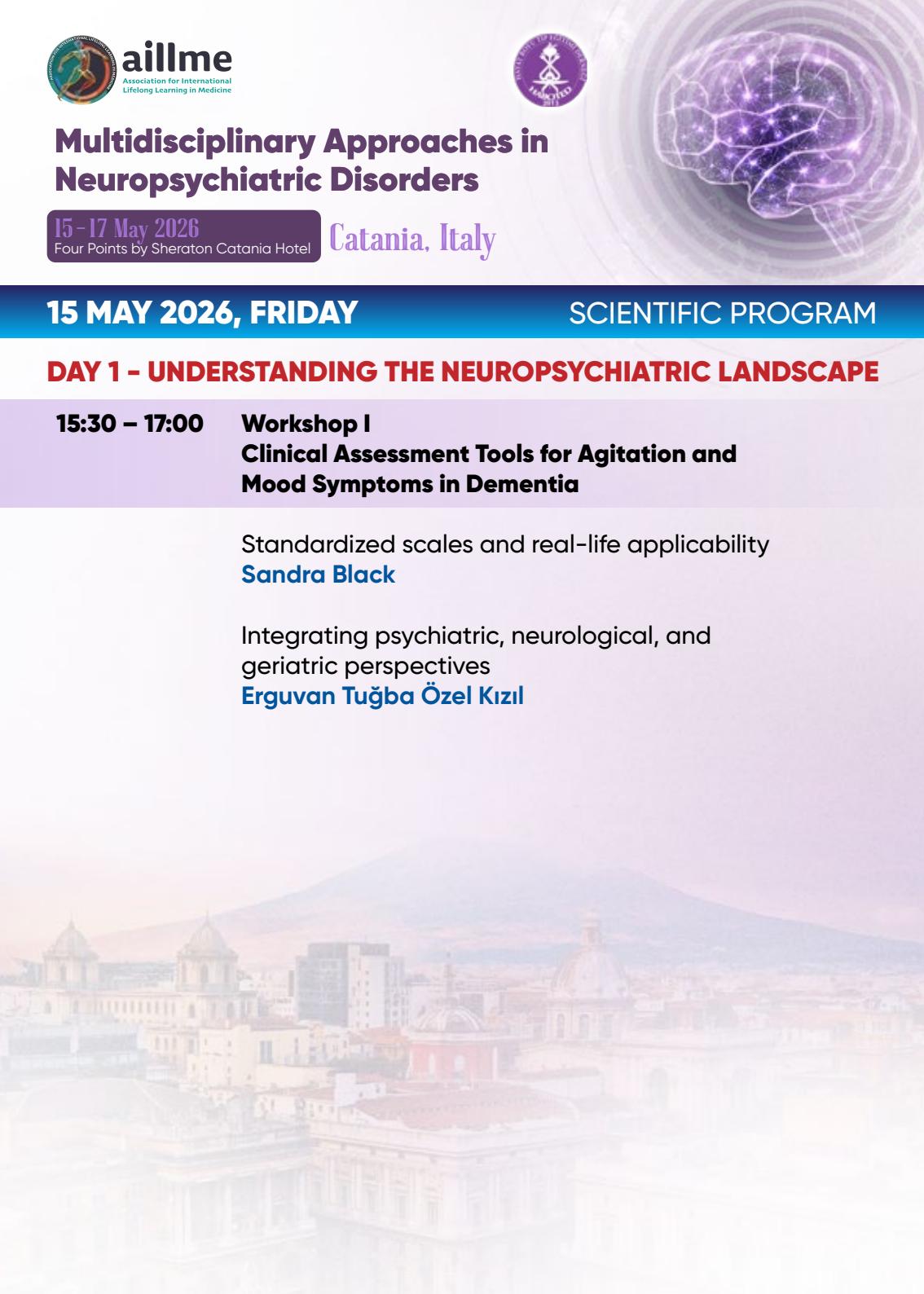
15:30 – 17:00

Workshop I

Clinical Assessment Tools for Agitation and Mood Symptoms in Dementia

Standardized scales and real-life applicability
Sandra Black

Integrating psychiatric, neurological, and
geriatric perspectives
Erguvan Tuğba Özel Kızıl





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16 MAY 2026, SATURDAY

SCIENTIFIC PROGRAM

DAY 2 - THERAPEUTIC STRATEGIES AND EMPOWERMENT

**09:00 - 10:30 Session III
Pharmacological Approaches**

Evidence-based treatment of agitation in
Alzheimer's disease

Murat Emre

Antidepressants, antipsychotics, and mood modulators
Ahmad Aziz

Optimizing treatment through neurotransmitter balance
Lezanne Oo

10:30 – 11:00 Coffee Break 

**11:00 – 12:30 Session IV
Major Depressive Disorder in Neuropsychiatric Patients
Empowerment Strategies in Major Depressive Disorder**

Psychological resilience and functional empowerment
Sibel Çakır

Enhancing patient autonomy despite cognitive decline
Vijayalakshmi Ravindranath

Role of caregivers in empowerment-oriented care
Erguvan Tuğba Özel Kızıl

12:30 – 13:30 Lunch Break 



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16 MAY 2026, SATURDAY

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DAY 2 - THERAPEUTIC STRATEGIES AND EMPOWERMENT

13:30 – 15:00 Session V

Non-Pharmacological and Psychosocial Interventions

Behavioral therapy and environmental modifications
Jeffrey Rothstein

Music, art, and movement-based interventions
Sibel Çakır

Reducing agitation through structured daily routines
Murat Emre

15:00 – 15:30

Coffee Break



15:30 – 17:00

Panel Discussion

From Neurochemistry to Daily Practice: Bridging the Gap

Case-based discussions
Murat Emre

Multidisciplinary decision-making in complex patients
Ahmad Aziz



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17 MAY 2026, SUNDAY

SCIENTIFIC PROGRAM

DAY 3 - INTEGRATED CARE AND FUTURE PERSPECTIVES

**09:00 - 10:30 Session VI
Multidisciplinary Care Models**

Collaboration between psychiatry, neurology, geriatrics, and psychology

Murat Emre

Role of social work, and occupational therapy

Sandra Black

Coordinated care pathways for agitation management

Michele Vendruscolo

10:30 - 11:00 Coffee Break 

**11:00 - 12:30 Session VII
Caregiver Support and Ethical Considerations**

Emotional burden on caregivers

Sibel Çakır

Ethical dilemmas in agitation management

Ahmad Aziz

Shared decision-making in advanced dementia

Henrik Zetterberg

12:30 - 13:30 Lunch Break 



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17 MAY 2026, SUNDAY

SCIENTIFIC PROGRAM

DAY 3 - INTEGRATED CARE AND FUTURE PERSPECTIVES

**13:30 – 15:00 Workshop II
Personalized Treatment Planning**

Combining pharmacological and non-pharmacological strategies

Jeffrey Rothstein

Controlling use of other drugs, antibiotics and antilipids etc.

Donald Weaver

Tailoring interventions based on neurochemical and psychosocial profiles

15:00 – 15:30 Coffee Break 

**15:30 – 16:30 Closing Lecture
Future Directions in Neuropsychiatric Care for Dementia**

Emerging therapies

Murat Emre

Precision medicine and biomarker-driven approaches

Lezanne Ooi

16:30 – 17:00 Closing Remarks & Take - Home Messages
Murat Emre

