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Association for International
Lifelong Learning in Medicine



**TURKISH
SOCIETY OF
CARDIOLOGY**

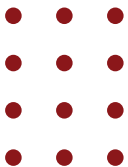
CARDIOLOGY 20 HIGHLIGHTS 26

**CURRENT APPROACHES IN HEART
FAILURE AND HYPERTENSION
SYMPOSIUM**

16-18 OCTOBER 2026

**Melia Malaga
Alamea Hotel**

**MALAGA -
SPAIN**





DAY 1 – 16 October 2026

Current Approaches to Hypertension Management

Chairs: Ertuğrul Okuyan, Petar Seferović

09:15 – 10:00

Latest Updates in Hypertension Guidelines

Speaker: Baran Karataş

Discussant: Ljiljana Ćirković

Learning Objectives

- Evaluate recent guideline updates.
- Interpret a risk-based treatment approach.
- Discuss patient-specific blood pressure targets.

10:00 – 10:45

Redefining Cardiovascular Risk and Target Organ Protection

Speaker: Çağdaş Yüksel

Discussant: Maja Miročević Rotolo

Learning Objectives

- Explain the prognostic significance of target organ damage.
- Evaluate new markers in risk stratification.
- Discuss the long-term impact of early intervention.

11:15 – 12:00

From the Pathophysiology of Hypertension to Treatment Selection

Speaker: Ertuğrul Okuyan

Discussant: Marijan Bosevski

Learning Objectives

- Review key neurohormonal mechanisms.
- Evaluate a pathophysiology-based approach to treatment selection.
- Develop treatment plans according to patient characteristics.

12:00 – 12:45

Long-Term Cardiovascular Protection in the Treatment of Hypertension

Speaker: Ljiljana Ćirković

Discussant: Gani Bajraktari

Learning Objectives

- Evaluate the role of treatment in preventing cardiovascular events.
- Discuss organ-protective approaches.
- Interpret clinical trial results.

14:00 – 15:30

Resistant Hypertension and Management of the Challenging Patient

Speaker: Maja Miročević Rotolo

Discussant: Çağdaş Yüksel

Learning Objectives

- Diagnose resistant hypertension.
- Evaluate secondary causes.
- Develop stepwise treatment strategies.



DAY 2 – 17 October 2026

Modern Approaches to Heart Failure

Chairs: Ljiljana Ćirković, Baran Karataş

09:00 – 09:45

Current Epidemiology and Treatment Paradigms in Heart Failure

Speaker: Petar Seferović

Discussant: Begenc Annayev

Learning Objectives

- Interpret the changing epidemiology of heart failure.
- Apply current treatment algorithms.
- Use risk stratification.

09:45 – 10:30

Treatment of Heart Failure with Reduced Ejection Fraction

Speaker: Marijan Bosevski

Discussant: Çağdaş Yüksel

Learning Objectives

- Evaluate approaches that reduce mortality and morbidity.
- Apply guideline recommendations on an individual patient basis.
- Plan treatment optimization.

11:00 – 12:30

Treatment of Heart Failure with Preserved Ejection Fraction

Speaker: Maja Miročević Rotolo

Discussant: Gani Bajraktari

Learning Objectives

- Evaluate approaches that reduce mortality and morbidity.
- Apply guideline recommendations on an individual patient basis.
- Plan treatment optimization.

13:45 – 15:15

Comorbidity Management in Heart Failure

Speaker: Petar Seferović

Discussant: Ertuğrul Okuyan

Learning Objectives

- Evaluate the impact of hypertension, diabetes, and kidney disease.
- Plan the management of multimorbidity.
- Develop strategies to improve treatment adherence.



DAY 3 – 18 October 2026

The Intersection of Hypertension and Heart Failure

Chairs: Çağlar Yüksel, Natalic Ljiljana Cirkovic

09:00 – 09:45

Preventing the Development of Heart Failure in Patients with Hypertension

Speaker: Ertuğrul Okuyan

Discussant: Maja Miročević Rotolo

Learning Objectives

- Identify risk factors.
- Implement early intervention strategies.
- Evaluate a preventive cardiology approach.

09:45 – 10:30

Cardiorenal Syndrome and Multiorgan Protection

Speaker: Begenc Annayev

Discussant: Petar Seferović

Learning Objectives

- Explain cardiac-renal interactions.
- Identify high-risk patients.
- Plan treatment strategies holistically.

11:00 – 12:30

Treatment Adherence in Hypertension and Heart Failure

Speaker: Çağdaş Yüksel

Discussant: Begenc Annayev

Learning Objectives

- Evaluate the causes of treatment non-adherence.
- Develop patient-centered approaches.
- Improve long-term clinical outcomes.

13:45 – 15:15

2026 Heart Failure Guidelines and Case-Based Discussions

Speaker: Ljiljana Čirković

Discussant: Maja Miročević Rotolo

Learning Objectives

- Translate the findings of the new heart failure guidelines into practice and understand changes in clinical decision-making.
- Evaluate challenging cases from a multidisciplinary perspective.
- Develop evidence-based decision-making skills.

15:45 – 16:30

New Studies at ESC and the Future of Cardiology Practice

Speaker: Ertuğrul Okuyan

Discussant: Ljiljana Čirković

Learning Objectives

- Share information on new studies in light of ESC 2026.
- Evaluate emerging treatment trends.
- Discuss the role of digital health applications.
- Identify future areas of research.



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